

## Evaluation of Self-Confidence Test for High School Students in Al- Preparatory School in Nasiriya City

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### ABSTRACT

**Study Design:** Cross-Sectional.

**Objective:** The purpose of this study was to evaluate a self-confidence test among high school students at Al Preparatory School in Nasiriya.

**Methodology:** From December 19, 2018 to January 9, 2019, a cross-sectional descriptive study of high school students was conducted to assess their self-concept. The students are 100 men and women. The data collection method was conducted by researchers through direct interviews with students, using a structured data collection method (questionnaire), a formal document test and assessment used to collect and record information about the importance of self-concept among high school students ,The questionnaire consists of two parts: Part one Demographic Data Consist item Age, gender, grade, type of family, number of family members, father's testimony, mother's certificate, father's profession, mother's profession and monthly income, Part two It includes many questions related to the self-confidence test.

**Result:** Most of students have an average level of self-confidence (n = 77; 77.0%), followed by those who have a good self-confidence (n = 21; 21.0%), and those who have a poor self-confidence (n = 2; 2.0%).

**Recommendations:** Recognize and take advantage of the positive aspects of personality, recognize your personal strengths to be able to excel and attention to appearance.

**Keywords:** Self-confidence, Students, Schools

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